

- Read this leaflet before use
- Keep the leaflet in case you need to refer to it or to read it again
- When in need of advice or additional information please contact your therapist or the BIOARP company

## **BIOARPIL® cream**

**Skład INCI:** Petrolatum Liquidum, Calcium Stearatum, Petroleum, Lisozyme, Mel, Herba Bidens Tripartita, Bidens Tripartita Extract, Salicylic Acid, Retinyl Acetate, Tocopheryl Acetate, Eucalyptus Citriodora Oil, Lavandula Angustifolia Oil, Chamomilla Matricaria Oil, Gadi lecur Oil/ oleum jecoris aselli.

### **Available packages:**

1 pot 140g

### **1. What is BIOARPIL® and what it is used for**

**BIOARPIL®** is an effective combination of natural ingredients that regenerates the psoriasis affected patches of skin. It contains ingredients with antiseptic and regenerating properties, it also removes calluses.

The bio oils present in **BIOARPIL®** contain a combination of active ingredients rich in unsaturated fatty acids, biologically active compounds such as natural vitamins (A, D and others), phospholipids and phytosterols which penetrate into the layer of dermis (it regulates its activity preventing further psoriasis-related changes). Lavender oil is strongly antiseptic, helps to heal burns, wounds and ulcers. Eucalyptus oil is characterized by its strongly antiseptic properties also towards antibiotic resistant bacteria. When applied directly eucalyptus oil performs as an antiseptic, contra putrefactive agent; it destroys bacteria, viruses and saprotrophes. Honey – produced by bees, a natural product is proven to have bacteriostatic and anti-inflammatory qualities. It reduces skin irritations and it is effective in penetrating the horny layer of epidermis. Honey softens smoothens and slightly whitens the skin. It maintains proper moisture content of the skin and provides it with many nutritious substances. It precipitates the cells metabolism and the regeneration process of epidermis. Salicylic acid normalizes the renewal of the cells and it helps the outer layer to shell causing its regeneration and rejuvenation. It is an anti-inflammatory and germicidal agent. Chamomille (Matricaria Chamomilla) when applied over the skin and mucous membrane can be helpful in the healing process of inflammatory conditions, wounds, ulcers, sunburns and after X-ray radiation. Three-lobed Beggarticks (Bidens tripartite) herb has a positive

effect on the psoriasis affected skin. Lisozyme is a natural enzyme with antibacterial properties. Patented combination of these ingredients makes the composition of the **BIOARPIL®** cream.

### **Instructions:**

Used additionally as a helping aid in psoriasis, some of the atopic dermatitis, contact dermatitis and eczema.

### **2. Before using BIOARPIL®**

Children under 3 years old should not use **BIOARPIL®** due to the salicylic acid content.

### **Care should be taken in case the cream is used by persons who:**

- might be sensitive/allergic to any of the ingredients of **BIOARPIL®** due to the allergic reactions
- do not apply the cream while taking other steroids based anti-inflammatory creams (steroids hormones)
- cream may cause stains

### **3. How to apply BIOARPIL®**

**BIOARPIL®** cream should be applied according to the instructions given in this leaflet. When in doubt additional information is available through the BIOARP Company.

Apply the cream on the psoriasis affected skin in thin even layers (do not rub in). Use it once or twice a day, for at least 12 hours per day. If psoriasis plaques cover large area of the body the application of **BIOARPIL®** should be performed gradually. Start with the legs, on the third day of the therapy the cream should be applied on the back, tummy, buttocks and arms. After further 3 days the remaining body parts should be treated. In order to protect and cover the treated body parts it is advisable to wear appropriate cotton clothing intended for this purpose.

Positive effects of **BIOARPIL®** will be visible after 1 – 2 weeks of use. During the first phase of the treatment scales of the psoriasis affected skin disappear leaving light or darker stains on the skin. The second phase will allow the skin to purify completely. Depending on the degree of advancement of psoriasis the process of purifying will take between 2 and 4 months. For a lasting effect the therapy should be applied without interruption (not even for a single day). While using **BIOARPIL®** it is suggested not to drink alcohol, quit smoking, exclude eggs and fatty, fried or hot dishes from one's diet to achieve the desired effect.

To remove the cream wash hair and body on a daily basis using soaps like: glycerin soap, gentle baby soap, lanoline soap or medicine – pine tar soap and therapeutic shampoos for a sensitive skin. To remove remaining greasiness, grounded white mustard seeds can be helpful. If after washing dryness appears it is advisable to use baby cream.

#### **4. Side effects**

Like most complex preparations **BIOARPIL®** can cause side effects. On the area where the cream was applied irritation, itchiness or allergic reactions may occur. Usually it is not a reason to discontinue the treatment. During the first month of the therapy with the **BIOARPIL®** allergy prone persons should consider the use of antihistamine based drugs to lower temporary allergic reactions to some of the ingredients of the cream.

**ATTENTION:** In case of **Quincke Endema** (Oedema angioneuroticum Quincke), which most commonly appears on the eyelids, the cream should be removed immediately and a health practitioner should be consulted. This effect is temporary. If other side effects occur, not mentioned in this leaflet a health practitioner should be informed.

#### **5. Storage**

- \* **BIOARPIL®** should be stored out of sight and out of reach of children
- \* Store at room temperature
- \* Do not use 3 years after the production date (given on the package)

<p><b>BIOARPIL®</b> does not contain hormones, does not cause skin atrophy, does not cause side effects typical for hormone based ointments, is non-toxic.</p>
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#### **6. Other information**

Made in BIOARP Poland

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